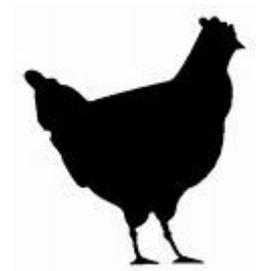




we proudly use

## Cornucopia Biodynamic Farm Eggs

Where the chicken and the egg both come first!



# Core<sub>espresso.</sub>

## speciality coffee

V60 pour over on single origin	\$6.0
cold brew 18 hours served on ice w' lemon	\$5.0
cold drip on single origin	\$6.0
core bullet shot 2 x espresso grass fed butter coconut oil MCT oil	\$5.5
iced latte	\$4.5

## tea selection

	pots \$5.0
roobis chai( caffeine free)	earl grey
english breakfast	Hibiscus& pomegranate
Red green vanilla roobis	Camomile
lemongrass & ginger	Jasmine green tea
peppermint	Japanese matcha green tea

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## Hot

	small	Large
double ristretto	\$3.5	
long black	\$3.5	\$4.5
latte / capp /flat white	\$4.0	\$5.0
matcha green tea latte	\$4.5	\$5.5
mocha	\$4.5	\$5.5
salted caramel latte	\$4.5	\$5.5
hot chocolate	\$4.0	\$5.0
bon chai tea (soy + honey)		\$5.0
turmeric latte + almond milk	\$4.5	\$5.5
beetroot latte + coconut milk	\$4.5	\$5.5

## opening hours

Monday - Sunday 6.00am - 2.30pm  
public holiday surcharge 15%

# Core<sub>espresso.</sub>

## **cold drinks**

green juice - detox & hydration \$9

fresh orange juice \$6.0

keffir water \$7.0

green breakfast protein smoothie \$9.5  
matcha green tea coconut oil chia avocado spinach protein

amazon power protein shake \$9.5  
raw cacao maca powder banana protein flaxseed oil

banana nutmeg honey smoothie \$9.0  
banana nutmeg honey cinnamon vanilla bean ice cream

berry good vegan smoothie \$9.0  
blueberry coconut chia banana

salted caramel thickshake \$9.0  
salted caramel vanilla bean ice cream milk

VOS' sparkling water  
pure new zealand 375ml \$6.0  
800ml \$9.0

Organic coconut water \$5.5

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**Raw protein balls** \$3.5

Peanut salted caramel

matcha green tea

raw cacao choc date fudge (gf)

super goji berry (gf)

**Raw vegan bars** \$5.0

raw cacao , date , cranberry coconut

banana , date, goji , pistachio ,chia

## **Bakery**

muffins & croissants \$5.0

blueberry danish, almond croissant, custard cortocci \$6.0

## **opening hours**

Monday - Sunday 6.00am - 2.30pm  
public holiday surcharge 15%

## ALL DAY MENU 6.30am - 2.00pm

We cater for all dietary requirements just ask your waiter

Sourdough w/ butter \$8

Warm banana bread , coconut ,banana , maple (vegan, gluten free) \$12

Coconut chia pudding , lychee , strawberry , kiwi , granola crunch (vegan, gluten free) \$16

poached pear, blueberries ,rhubarb , strawberry COYO yogurt, granola crunch elderflower (vegan, gluten free) \$16

avocado, binnorie fetta , lemon & garlic oil, seed mix on local rye bread \$16

poached eggs , roasted beetroot & zaa'taar relish persian fetta, dukkah seed mix sourdough \$19

health bowl ,soft poached eggs, quinoa, avocado, seed mix, kale, spinach, haloumi, lemon & garlic oil \$23

double egg & bacon roll w smoked bbq sauce , chilli mayo \$12  
(vego option available - egg & mushroom roll)

avocado	\$5	haloumi	\$6	Sauerkraut	\$4
hot smoked salmon	\$6	scrambled egg	\$5	Poached bio dynamic Eggs	\$3ea
bacon	\$5	gluten free bread	\$2	12hr Smoked brisket	\$5

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### opening hours

Monday - Sunday 6.00am - 2.30pm

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## ALL DAY MENU 6.30am - 2.00pm

rocket, fennel, green apple , orange ,chickpea , citrus dressing      \$15  
add hot smoked salmon   \$21  
add avocado   \$20

### Core nourish bowl

roast pumpkin, avocado, beetroot relish , roasted cauliflower , kale, sauerkraut, seed mix   \$23

### POKE' bowl

chicken, sweet potato , chilli pineapple, brown rice , edamame ,broccoli w asian peanut dressing   \$24

### smoked brisket burger

12hr local smoked brisket ,black garlic aioli ,luxe slaw ,lettuce ,milk bun      \$16

## toasties

leg ham , seeded mustard mayo, cheese sourdough toastie      \$13

moroccan pumpkin , fetta and baby spinach sourdough toastie      \$13

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## opening hours

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